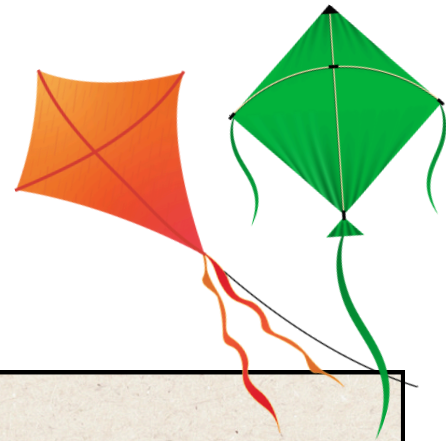




Dyal Singh Public School, Sector 7

Newsletter

January 2026



“Work sincerely, stay committed and trust yourself—your efforts will never go waste.”

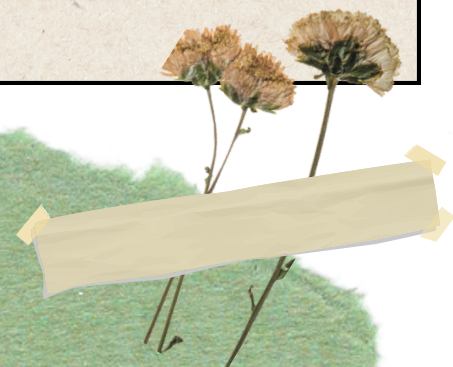
Dear Students

You are capable, prepared and full of potential. Examinations are simply a way to showcase what you have learned and should never define your worth. There is no need to feel unnecessary stress as a calm and confident mind performs far better than an anxious one. Plan your studies with a proper timetable and remember to take short breaks to relax and refresh your mind.

Adequate sleep is essential as it helps the brain to understand concepts better and retain information for longer. Maintain healthy eating habits, drink plenty of water and avoid late-night studying just before examinations. Regular revision, practice tests and a positive attitude will help you face your exams with confidence and give your best performance. As the saying goes, “Rest when you are tired, not when you are done.”

When hard work is supported by healthy habits, success naturally follows. Parents play a significant role in a child’s emotional and mental well-being. They should encourage their children without putting unnecessary pressure related to marks or achievements. Avoiding comparisons and understanding that each child learns at their own pace helps build self-confidence. Spending quality time, listening to children and acknowledging their feelings strengthens trust and emotional security.

Anjali
Pre Primary Coordinator





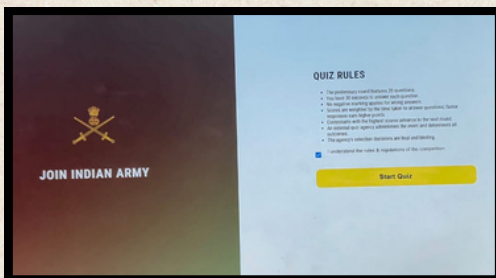
NCC ARMY WING 'A' CERTIFICATE EXAM – 2026

The 'A' Certificate Examination was conducted by 7 Haryana Battalion NCC, Karnal at Sainik School, Kunjpura, Karnal on 18th January 2026. 20 NCC Army Wing cadets of the school participated successfully under the guidance of Mr. Ravinder Yadav, ANO, NCC Army Wing.



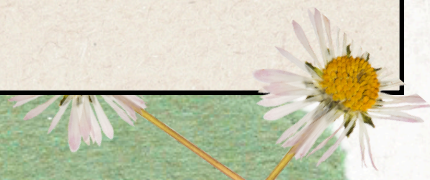
NCC AIR WING 'A' CERTIFICATE EXAM – 2026

The 'A' Certificate Examination was organised by No. 2 (Har) Air Squadron NCC, Karnal, at Sainik School, Kunjpura, Karnal on 18th January 2026. 21 NCC Air Wing cadets of the school appeared in the exam in the presence of ANO Mr. Anand Kumar Mishra and unit staff.



ONLINE QUIZ ON INDIAN ARMY

An online quiz on the Indian Army was conducted by the Directorate General of Recruiting on 21st January 2026 to enhance awareness about its history, structure and achievements. Two students, Karmanya Sangwan (XI B) and Karmaaditya (IX C) participated in it enthusiastically reflecting patriotism and keen interest in the armed forces under the able guidance of Mr. Ravinder Yadav, ANO NCC Army Wing.





TRIUMPH AT DISTRICT-LEVEL REPUBLIC DAY PARADE

Six NCC Army Wing Junior Division cadets of the school participated for the first time in the District-Level Republic Day Parade held at Police Line, Karnal, on January 26, 2026. Led by Cadet Gurshan Singh, the team comprising Cadets Brahamkirat Singh, Gurvansh Singh, Satvik Batra, Prince Raj and Yajurved Yadav secured First Position through disciplined and commendable performance. The cadets were guided by ANO Ravinder Yadav.



SUCCESSFUL PARTICIPATION IN PHILATELIC EXHIBITION KARNPEX-2026

The Philatelic Exhibition KARNPEX-2026 was successfully organised to promote awareness of philately. Twenty-four students of the school participated enthusiastically in exhibitions, speeches, quizzes and creative events gaining valuable insights into history, culture and national heritage under the guidance of their teachers.



OUTSTANDING PERFORMANCE IN TAEKWONDO CHAMPIONSHIP

Three students of the school brought laurels to the institution by excelling in the 2nd Federation Cup Taekwondo Championship held at Swami Mansingh Stadium, Jaipur. Mrinalini Rawat and Jasleen Kaur of Class VI A won Gold medals while Naira of Class V E secured a Bronze medal with remarkable sportsmanship skills.





OUTSTANDING ACHIEVEMENT IN ASIAN LAWN TENNIS

Aashi Kashyap of Class X delivered an impressive performance at the Asian Lawn Tennis Tournament (Under-16) held at Jalandhar from 26th to 30th January 2026. She won the Winners Trophy in Girls' Doubles and secured Third position in Girls' Singles bringing pride to the institution.

SCHOOL EXCELS AT INTERNATIONAL HINDI OLYMPIAD

Our school students were honoured for their outstanding performance at the International Hindi Olympiad Award Ceremony held on January 30, 2026. Aradhya (Class VIII) received the Hindi Bal Shreshtha Award while Nimit (Class V) won the National Hindi Talent Award. Out of 116 participants 37 students earned medals bringing great pride to the school.



IAYP SILVER LEVEL ACHIEVEMENT

Bhavishya Mahajan of Class XI-B successfully completed the IAYP Silver Level under the Duke of Edinburgh Award Programme. Through skill development, physical recreation, voluntary service and an adventurous journey, he demonstrated resilience and leadership under the able guidance of coordinator, Ms. Nitasha Chawla and award leader, Mr. Ravinder Yadav. Principal Ms. Shalini Narang honoured him with a Silver medal.



SWADESHI SANKALP DAUD AND NATIONAL YOUTH DAY OBSERVANCE

On January 28, 2026, students of Classes V to VIII observed Swadeshi Sankalp Daud through classroom sessions. Discussions, quizzes and interactive activities highlighted Swami Vivekananda's ideals, Swadeshi values, self-reliance, environmental responsibility and the importance of promoting indigenous products for national development.





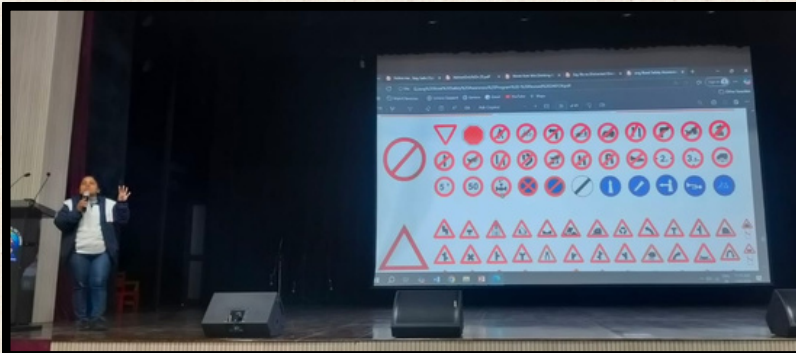
CAREER COUNSELLING SESSION

A Career Counselling Session was organised for Class XII students. Mr. Sunny Sandhu from Buddha University guided students on various conventional and emerging career options, eligibility, scope and future prospects. The interactive session enhanced clarity and confidence in career planning.



ROAD SAFETY AND TRAFFIC RULES AWARENESS SESSION

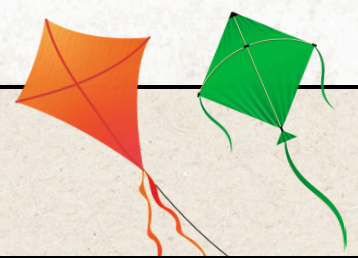
An informative session on Road Safety and Traffic Rules was conducted for Classes VIII and IX. Ms. Deepa Arora highlighted traffic rules, road signs and safe practices motivating students and teachers to adopt responsible road behaviour.



CAPACITY BUILDING PROGRAMME ON JOYFUL MATHEMATICS

A CBSE-organised Capacity Building Programme on Joyful Mathematics was held on 24th and 25th January 2026 at School . Resource persons , Mr. Ravi Kumar and Ms. Kavita, emphasized learner-centric methods, real-life applications and activities like games and puzzles to enhance conceptual understanding and joyful learning. It was attended by all Maths teachers, PRTs and PPRTs.





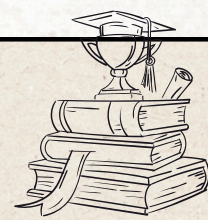
BASANT PANCHAMI AND REPUBLIC DAY CELEBRATION BY KINDERGARTEN

The Kindergarten Wing celebrated Basant Panchami and Republic Day with enthusiasm. Teachers introduced the significance of both occasions through simple explanations. Students participated in fingerprinting, speaking, drawing, colouring and kite-making activities. Yellow food sharing highlighted cultural values fostering confidence, creativity and national pride.





CELEBRATING ACADEMIC EXCELLENCE: FELICITATION OF CBSE BOARD TOPPERS 2024-25



The school organised a Prize Distribution Ceremony on January 26, 2026 to honour outstanding CBSE Board results of Classes X and XII (2024-25). The Principal, Ms. Shalini Narang, felicitated the top ten achievers and motivated students to pursue academic excellence.



CELEBRATION OF 77TH REPUBLIC DAY WITH PATRIOTIC ZEAL

The school celebrated the 77th Republic Day on January 26, 2026 with great enthusiasm and patriotic fervour. The programme began with a melodious orchestra and flag hoisting by the Principal, followed by the National Anthem. An impressive NCC parade, patriotic songs, a moving poem, cultural dance and sharing of Republic Day facts added charm to the event. The celebration inspired unity, pride and a deep sense of national responsibility.



PROMOTING EMOTIONAL WELL-BEING THROUGH PSYCHOLOGICAL FIRST AID

A one-day National Seminar on "Psychological First Aid" was organised on January 25, 2026 at Pt. Chiranji Lal Sharma Govt. College, Karnal.' Ms. Heena Chaudhary, TGT (Health and Wellness), presented a paper highlighting the role of teachers in providing immediate mental health support in educational settings.



INTER-SCHOOL POSTER MAKING COMPETITION ON WASTE MATERIAL



An Inter-School Poster Making Competition, "Kala-Udbhav: Art Emerging from Waste," was organised by the Municipal Corporation, Karnal. Gurnaaz, Kunal and Avneet of Class X showcased creativity using waste materials. They secured Second Prize, winning ₹2100 and certificates, gaining valuable learning experience.

A FOND FAREWELL TO MR. BHIWANI PRASAD

The school bid a heartfelt farewell to Mr. Bhiwani, our dedicated gardener, who served the institution with sincerity and devotion for more than 25 years. His passion for gardening greatly enhanced the campus environment and his consistent efforts and excellence earned him numerous prizes over the years. He will always be remembered for his hard work, discipline and invaluable contribution to the school community.





Teachers Training and Professional Enrichment Sessions

CAPACITY BUILDING PROGRAMMES

Topic: Promoting Mental Health and Well-Being among students.

Attended by:
 Ms. Mitisha Bhatia
 Ms. Harsh Arya
 Ms. Anju Gupta
 Ms. Monika Gandhi
 Ms. Archana Sharma
 Ms. Pooja Sharma



Topic: Hindi (Domain 1)

Resource Persons:
 Mr. Vinod Pandey
 Mr. Pawan Sharma

Attended by:
 Ms. Meeta Ahuja
 Ms. Anju Bala



Topic: National Curriculum Framework for School Education

Resource Persons:
 Ms. Ridhima
 Ms. Neha Juneja

Attended by:
 Ms. Meenu Sharma
 Ms. Veena Narula

